

THE SKATING PROGRAM

Ages 3 ~ 5 without prior instruction

Tot classes are designed to provide orientation to the ice, balance, agility and fun ! Tot classes are 30 minutes with a 10 minute cookie break.

Hockey Tot 1, Tot 2 and Tot 3

Ages 6 and up; 3 ~ 5 with prior skating instruction

Alpha will develop forward skating, turns, crossovers and stops. Hockey beta concentrates on backward maneuvers.

Hockey Alpha 1 and Alpha 2

Hockey Beta 1 and Beta 2

Students will be evaluated and advanced by the recommendation of the instructor to the appropriate level. Students may purchase a patch from the Picks n Pucks pro shop which signifies their accomplishment for levels completed. ISI equivalents are: Alpha 1 = Hockey 1, Alpha 2 = Hockey 2, Beta 1 = Hockey 3, and Beta 2 = Hockey 4. *A more complete class description is available in our publication "The Inside Edge" Hockey edition.*

SKILLS & DRILLS PROGRAM

Alpha 1 and above. **Tot 3** with skating enrollment.

A prerequisite to Admirals Scooter Development and Scooter programs, Skill Development utilizes circuit training to teach stick-handling, passing, shooting, and reinforcement of skating techniques. The student is exposed to all areas each session. It is recommended the student be concurrently enrolled in Skating and/or the Admirals Scooter program. Additional equipment required are shin guards, hockey gloves, and a stick.

This is a cooperative program. Parents desiring to coach with the Admirals in the future are encouraged to become involved. Please see the Skill Development Director or the Admirals representative.

EQUIPMENT

Hockey skates and gloves, elbow and knee pads, and hockey helmet with face-guard. Alpha and Beta require a hockey stick. Shin guards and hockey gloves are also required for the Hockey Skill Development.

A Division of Center Ice Management, LLC
1 N 450 Highland Avenue
Glen Ellyn, IL 60137



Hockey Development Program

2008 - 2009 SEASON
Skating, Skills, & Scooters



www.centericeofdupage.com

A Division of Center Ice Management, LLC
1 N 450 Highland Avenue
Glen Ellyn, IL 60137
(630) 790-9696 fax (630) 790-9695

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The Foundation of the Sport

The Center Ice Hockey Development Program is comprehensive Skating and Skill instruction offered as a prelude to, or in conjunction with, the Admirals Scooter Development, Mighty Mites, and Travel "B" League programs.



Our job is to provide a hockey foundation early in your athlete's development, allowing future coaches the opportunity to focus more intensely on game education and skills, while facilitating your child's ability to adapt to these skills and excel to their potential.

Beth Wassell ext 333
Director, Hockey Skating Development
email: beth@cntrice.com

Partners in Development:
Admirals Hockey Club
Sports Image Marketing
Center Ice® Picks N Pucks
POWERADE®

2008 - 2009 CLASS SESSIONS:

Cost \$ 139.00 Two Programs \$ 245.00

All Three \$ 345.00 & TOTS \$ 119.00

Fall I Aug 26 thru Oct 18, 2008
Fall II Oct 21 thru Dec 20, 2008
(Class will not be held Nov 1, 25, or 27, 2008)
Winter I Jan 6 thru Feb 28, 2009
Winter II Mar 3 thru Apr 25, 2009
Spring Apr 28 thru Jun 27, 2009
(Class will not be held on Jun 11 or 13, 2009)
Summer Jul 2 thru Aug 29, 2009
(no Tuesdays in Summer, no class Jul 4 or Aug 27, 09)

DAYS and TIMES

Tuesdays (tots only) 10:00am-10:30am

Thursdays—Skills 5:40pm- 6:30pm

Saturdays—Skating 8:50am— 9:30am
Tots 8:50 ~ 9:20am

The Hockey Development Program includes:

Complimentary jersey (one annually), and a complimentary public skate pass for Skating (expires at end of session) NOTE: Parents do not receive a jersey. Complimentary USA Hockey registration.

SCOOTERS

Register thru Center Ice, or your Park District.
Requiring full equipment, this Admirals Hockey Club game situation program is your next step to the exciting sport of hockey. Scooter programs begin and end on the same dates as other Center Ice programs to provide a smooth transition for your athlete. Concurrent enrollment in Skating and/or Skills is recommended for Scooter programs.

Saturdays 10:00am ~ 11:00am
Summer 12:40 pm ~ 1:40 pm

Mail-in and Fax Registration

Registration available soon on our website @
www.centericeofdudpage.com

Session:	F1	F2	WI	W2	SP	SU
Level	Day		Time		Price	
_____	_____	_____	_____	_____	\$ _____	
_____	_____	_____	_____	_____	\$ _____	
_____	_____	_____	_____	_____	\$ _____	

Students enrolling in multiple classes for the same session receive a discount for each additional class.

Total: _____

Name _____

Address _____

Date of Birth _____

Email _____

Phone _____

Method of Payment

Check

Visa

MasterCard

Credit Card # _____ Exp. date _____

Signature _____

Mail to: _____ or fax: 630-545-1288
Center Ice Skating School
1N450 Highland Avenue
Glen Ellyn, IL 60137
By Phone: 630-545-1280 or 630-790-9696 x 100

